## Summary to Membership Pension

## **Pension Distribution release dates:**

October 19, 2023	\$ 300.00
November 16, 2023	\$ 300.00
December 21, 2023	\$ 300.00
January 18, 2024	\$ 300.00
February 15, 2024	\$ 300.00
March 21, 2024	\$ 300.00
April 18, 2024	\$ 300.00
May 16, 2024	\$ 300.00
June 20, 2024	\$ 300.00
July 18, 2024	\$ 300.00
August 15, 2024	\$ 300.00
September 19, 2024	\$ 300.00

## **ARP Food release dates:**

	ADULIS
September 29, 2023	\$ 150.00
November 01, 2023	\$ 150.00
December 01, 2023	\$ 150.00
December 29, 2023	\$ 150.00
February 1, 2024	\$ 150.00
March 1, 2024	\$ 150.00
April 1, 2024	\$ 150.00
May 01, 2024	\$ 150.00
May 31, 2024 (for June)	\$ 150.00
July 01, 2024	\$ 150.00
August 01, 2024	\$ 150.00
August 30, 2024 (for September) \$ 150.00	

## **No Advances**

ARP Utility Assistance \$ 1,000.00 per adult member. New limited covered items, no phone cards, emergency housing at hotels or pledging at empire. Individuals who are incarcerated or have POA's are not eligible.

Senior Assistance \$ 500.00 per adult tribal member 55 to 59 by September 30, 2024